



Kr. Vasant Rao Naik Shikshan Prasarak Sanstha's
ARTS, COMMERCE AND SCIENCE COLLEGE
Dongare Vastigruha Parisar, Canada Corner Nashik-02



In Collaboration with
Department of Life Long Learning & Extension, SPPU. Pune.
& State Psychological Association, Maharashtra

One Day Workshop On
"PSYCHOLOGICAL COUNSELING : WHAT'S WRONG TO WHAT'S STRONG."
10th March, 2019

A one-day workshop on "**Psychological Counseling: What's Wrong to What's Strong**" was organized On 10/03/2019 by Vasant Rao Naik Shikshan Prasarak Sanstha's, of Arts, Commerce and Science College, Nashik, in collaboration with Department of Lifelong Learning and Extension, Savitribai Phule Pune University, Pune and State Psychological Association Maharashtra.

For the inaugural function of this workshop, Dr. Dr. Vishwanath Shinde, Head, Department of Psychology, Savitribai Phule University of Pune, President of State Psychological Association Maharashtra Sandeep Shisode and working president Dr. Kalidas Patil was the chief guest.

In the opening remarks, Dr. Vishwanath Shinde guided the audience on the growing need for psychological counseling, importance of counseling, counseling process, various areas of counseling as well as various approaches to counseling and business opportunities in it.

In the Presidential Speech Hon'ble Kondaji (Mama) Avhad, President of the organization, explained the importance of counseling in the treatment of mental and physical ailments. He also explained the importance and role of psychologist in reducing student stress, student suicide, farmer suicide.

The introduction of the inaugural function was given by Prin. Dr. Shantaram Badgujar, Prof. Valmic Indase gave vote of thanks, Dr. Jayshri Patil anchored the inaugural function.

The first session of the workshop focused on "Improving Counselor Counseling Processes through Networking and Support Systems". The issues encountered the counselors while counseling, the types of counseling and the expert counselors in Nashik and their counseling methods were discussed in depth. The session was chaired by Dr. Sandeep Shisode, President, State Psychological Association, Maharashtra.

The keynote speaker of the second session, Dr. Mangala Kardile (Consulting Neuropsychologist) guided the audience on various approaches to counseling and techniques in counseling. she guided the audience by using different examples from the counseling on the beneficiary's problem and which approach to use accordingly. This session was chaired by Ruby Uniyal, Head, Department of Psychology K. T. H. M. college, Nashik.

The keynote speaker in the third session was Dr. C. O. Badgujar, . Former head, Dept. of Psychology, H. P. T. Arts and R. Y. K of the science college, Nashik. He lectured on "Positive Counseling: The Need for Today's Complex Competitive Society". He explained how to do counseling by demonstrating mindfulness treatment methods and mindfulness. This session was chaired by Dr. Jayshri Patil, Head, Department of Psychology Kr. V. N. Naik, Arts, Commerce & Science college, Nashik.

In the fourth session, the keynote speaker was Hon. Amol Kulkarni guided the audience with a demonstration on "Counseling: Positive, Preventive, Genetic and Rehabilitative".

In the Valedictory function of the workshop, the secretary of the organization and the president of the Valedictory function, Hon. Hemant (Appa) Dhatrak guided the audience on the growing psychological stress in the society and the growing need for psychological counselors. The principal of the college, Hon. Shantaram Badgujar read out the report of the workshop. Mr. Santosh Toche and Miss. Riddhi Deshpande shared their views on the workshop. The valedictory function was anchored by Dr. Jayshri Patil, and Mr. Subhash pawar gave the vote of thanks. A total of 52 students and counselors participated in the workshop.



Hon'ble Dr. Vishwanath Shinde (Head, Dept. of Psychology, SPPU, Pune) Inaugurator and the chief guest addressing the participants,) Hon'ble President Kondaji (Mama) Avhad, Hon'ble Dr. Sandeep Shisode (President, SPA, Maharashtra), Hon'ble Dr. Kalildas Patil, Hon'ble Amol Kulkarni (Founder, Manovedh Foundation, Nashik) Prin. Dr. S. P. Badgujar, Vice Prin. Prof. D. R. Kute, Dr. J. N. Patil and others.



Hon'ble President Kondaji (Mama) Avhad addressing the participants, Hon'ble Dr. Sandeep Shisode (President, SPA, Maharashtra), Hon'ble Dr. Kalildas Patil, Hon'ble Amol Kulkarni (Founder, Manovedh Foundation, Nashik) Prin. Dr. S. P. Badgujar, Vice Prin. Prof. D. R. Kute, and others.



1st Session Plenary Session Chairperson : Dr. Sandip Shisode, Dr. Kalidas Patil & others. Enhancement of counseling process through Networking and support system amongst practicing counselors.



Question – Answer session



2nd Session, Speaker : Dr. Mangala Kardile, Consulting Neuropsychologist, Nashik “Multi model approach in counseling and Psychotherapies”.



3rd Session, Speaker: Dr. C. O. Badgujar, Former HOD, Dept. of Psychology, HPT Arts & RYK Science College, Nashik “Positive Counseling: Need of today’s complex society.”



Dr. Kalidas Patil Addressing the participants



Prin. Dr. Shantaram Badgujar Addressing the Participants



Dr. Jayshri Patil Addressing the Participants



Hon'ble Hemant Dhatrak (Secretary, K.V.N.N. Shikshan Prasarak Sanstha, Nashik)
Addressing the participant in the valedictory function, Hon'ble Manikrao Sonawane
 Hon'ble Dr. Sandeep Shisode (President, SPA, Maharashtra), Hon'ble Dr. Kalildas Patil, Hon'ble Amol Kulkarni
 (Founder, Manovedh Foundation, Nashik) Prin. Dr. S. P. Badgujar, others.



Mr. Santosh Toche sharing the views about the Workshop



Mr. Subhash Pawar sharing the views about the Workshop



Participants enjoying the session during the workshop



Participants enjoying the certificate distribution after the workshop

J. Parag
HEAD
 Department of Psychology
 Kr. V.N. Naik Shikshan Prasarak Sanstha's
 ARTS, COMMERCE & SCIENCE COLLEGE
 Nashik- 422 002.

A. B. Sengupta
Principal
 Kr. V. N. Naik Shikshan Prasarak Sanstha's
 Arts, Commerce & Science College,
 Canada Corner, Nashik.

सावित्रीबाई फुले पुणे विद्यापीठ

आजीवन अध्ययन व विस्तार विभाग,
पुणे-४११००७

Phone : 020-256992651, 2561277, Extn. 1277

Dr. Dhananjay Lokhande
Professor - Director & Head



SAVITRIBAI PHULE PUNE UNIVERSITY

Department of Lifelong Learning & Extension

Pune-411007

E-mail : hodadult@unipune.ac.in

Fax : 020-25690650

Ref. No. DLLE / 822

Date :

सा.फु.पु.वि./आ.अ.वि./

दिनांक- २०/०२/२०१९

प्रति,

मा. प्राचार्य

के. व्ही. एन. नाईक शिक्षण
प्रसारक संस्था, कुर्ना, वाणिज्य
व विज्ञान महाविद्यालय
कैवडा कॉम्प्लेक्स, नाशिक.

विषय- आजीवन अध्ययन व विस्तार कार्यक्रम सन २०१८-१९, मंजूरीपत्र.

संदर्भ- आपल्या महाविद्यालयाचा/संस्थेचा कार्यक्रम राबविण्यासंबंधी प्रस्ताव/पत्र.-----

KVNN / ASC / 576/19 दिनांक - 15/02/2019

महोदय/ महोदया,

आजीवन अध्ययन व विस्तार विभागाच्यावतीने आपल्या महाविद्यालयास/संस्थेस सन २०१८-१९ या
शैक्षणिक वर्षासाठी पुढील विषयासंबंधी कार्यक्रम राबविण्यास मंजूरी देण्यात येत आहे.

Strengthening of NGOs Networking of Practicing
1) Nashik District 2) Psychological Counselors in Nashik

कार्यक्रम अंमलबजावणीसंबंधी काही मार्गदर्शक सूचना -

- सदर कार्यक्रम दि. २८ फेब्रुवारी, २०१९ पर्यंत आयोजित करावा.
- या कार्यक्रमात मंजूर विषयासंबंधी महाविद्यालयात यु. विद्यार्थ्यांसाठी/व्यक्तीसाठी एक दिवसीय कार्यक्रम आयोजित करावा ही अपेक्षा आहे.
- एका कार्यक्रमासाठी एकूण रु. ११०००/- (अकरा हजार रुपये.) मंजूर करण्यात येत आहे. याचा तपशील स्वतंत्रपणे सोबत दिला आहे. मंजूर कार्यक्रमाच्या खर्चाचा तपशील सोबत जोडला आहे.

कृ.मा.प.....

Shri

Indase Sir

Pl discuss, Its urgent,

23/2

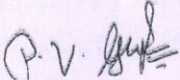
Kr. V. N. Naik Education Society's
Arts, Commerce & Science College
Forward No. :- 139/19
Date :- 23/2/2019

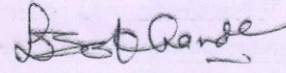
४. कार्यक्रमाच्या अंमलबजावणीनंतर कार्यक्रमाचे हिशोब व संबंधीत कागदपत्रे लगेचच आमच्या विभागाकडे पाठवावीत. त्यानंतर मान्यता पत्रानुसार झालेल्या खर्चाचा धनादेश मा. प्राचार्य यांच्या नावाने महाविद्यालयास पाठवीला जाईल. (हिशोब पाठविण्याचा नमुना तसेच हिशोबासोबत पाठवावयाच्या कागदपत्रांचा तपशील सोबत जोडला आहे).
५. आयोजित केलेल्या कार्यक्रमाचा अहवाल इंग्रजी आणि मराठीमध्ये पाठविणे आवश्यक आहे. तसेच अहवालाची सॉफ्ट कॉपी देखील पाठवावी.
६. कार्यक्रमासाठीचा खर्च सुरवातीला महाविद्यालयाने करावा.
७. आमच्या विभागाचे लेखी मंजूरीपत्र मिळाल्यानंतरच कार्यक्रमांची अंमलबजावणी करावी. विद्यापीठाच्या आर्थिक व प्रशासकीय सोयीसाठी दि. २८ फेब्रुवारी, २०१९ पर्यंत करावा; आणि हिशोब, अहवाल व इतर तपशील दि. ८ मार्च, २०१९ पर्यंत आमच्या कार्यालयात जमा करावा.
८. तज्ज्ञ साधन व्यक्तींसाठी मानधनाशिवाय इतर खर्च (उद्य. शाल, श्रीफळ व तत्सम) जर महाविद्यालयाने केल्यास तो खर्च महाविद्यालयाने करावा.
९. कार्यक्रम अंमलबजावणीसाठी महाविद्यालय पातळीवर एका प्राध्यापकाची 'कार्यक्रम समन्वयक' म्हणून नेमणूक करावी. नियोजन बैठकीसाठी उपस्थित असलेले प्राध्यापकच कार्यक्रम समन्वयक असतील.
१०. उपस्थित व्यक्तींकडून मूल्यमापनाचे फॉर्म भरून घेऊन कार्यक्रमाची परिणामकारकता, उपयुक्तता आणि सूचना यांचा स्वतंत्र अहवाल द्यावा.
११. तज्ज्ञ साधन व्यक्तींच्या विषयांची स्वतंत्र टिपणे/लेख घ्यावेत. अहवालासोबत लेख पाठवावेत.

कार्यक्रम नियोजन, अंमलबजावणी व हिशोब -कागदपत्रांची पूर्तता ही जबाबदारी कार्यक्रम समन्वयकाची राहिल. कार्यक्रमांचे आयोजन करताना काही अडचणी आल्यास कार्यालयात संपर्क करावा.

कळावे,

आपले,


(डॉ. पी. विस्वनाथा गुप्ता)
कार्यक्रम समन्वयक


(डॉ. धर्मजय लोखंडे)
प्राध्यापक, संचालक व विभागप्रमुख

- सोबत:- १) मंजूर खर्चाचा तपशील
व हिशोब पाठविण्याचा नमुना
२) कार्यक्रमासंबंधी नियम, अटी व सूचना-तपशील
३) समन्वयक (प्राध्यापक) मानधनाची आगाऊ पावती.



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One Day Workshop On
"PSYCHOLOGICAL COUNSELING : WHAT'S WRONG TO WHAT'S STRONG."
10th March, 2019

WORKSHOP SCHEDULE

9.30 a.m. to 10.00 a.m.	Registration and Tea
10.00 a.m. to 11.00 a.m.	Inauguration : President : Hon'ble Kondaji (Mama) Avhad (President, Kr. V. N. Naik Shikshan Prasarak Sanstha, Nashik) Chief Guest : <ul style="list-style-type: none">• Dr. Vishwanath Shinde – HOD, Dept. of Psychology SPUU, Pune.
11.00 a.m. to 12.00 a.m.	1st Session Plenary Session Chairperson : Dr. Sandip Shisode, Dr. Kalidas Patil Enhancement of Counseling process through Networking and support system amongst practicing counselors.
12.00 a.m. to 1.00 p.m.	2nd Session: Speaker : Dr. Mangala Kardile, Consulting Neuropsychologist, Nashik "Multi model approach in counseling and Psychotherapies".
1.00 p.m. to 2.00 p.m.	Lunch Break
2.00 p.m. to 3.00 p.m.	3rd Session: Speaker: Dr. C. O. Badgujar, Former HOD, Dept. of Psychology, HPT Arts & RYK Science College, Nashik "Positive Counseling: Need of today's complex society."
3.00 p.m. to 3.30 p.m.	Tea Break
3.30 p.m. to 4.30 p.m.	Plenary Session Chairperson : Dr. S. P. Badgujar, Hon'ble Amol Kulkari "Problems faced by counsellors and coming together for positive mental health and well being."
4.30 p.m. to 5.00 p.m.	Valedictory Function : President: Hon'ble Hemant (Appa) Dhatrak (Kr. V. N. Naik Shikshan Prasarak Sanstha)



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One Day Workshop On

10th March, 2019

"PSYCHOLOGICAL COUNSELING : WHAT'S WRONG TO WHAT'S STRONG."

Sr. No	Name of The Resource Person	Adress	Mobile No. & Email ID	Sign
1	Dr V. R. Shinde	Head, Dept of Psychology S.P.P. Pune	dr.vrshinde@rediffmail.com	
2	Dr Mangal S. Kardile (Consulting Neuropsychologist)	Founder / Director Mental Health Aims	lkardile.mangal@gmail.com 9250645934	
3	Dr. C.O. Badguzar Former HOD, HPT Arts college Munik	Former Head Dept. of Psychology HPT Arts & R.Y.K. Science Munik.	cobadguzar@gmail.com 9960932333	
4	Amal Kulkarni Clinical Psychologist.	Director, Manovedh.	ak.amol@yahoo.co.in 9881907656	

Principal

Kr. V. N. Naik Shikshan Prasarak Sanstha's
Arts, Commerce & Science College,
Canada Corner, Nashik.



Kr. Vasantrao Narayanrao Naik Shikshan Prasarak Sanstha's
ARTS, COMMERCE AND SCIENCE COLLEGE
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In Collaboration with
Department of Life Long Learning & Extension, SPPU, Pune.

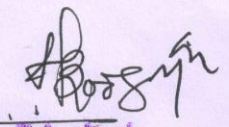
One Day Workshop On
10th March, 2019

"PSYCHOLOGICAL COUNSELING : WHAT'S WRONG TO WHAT'S STRONG."

Sr. No	Name of Participation	Adress	Mobile No. & Email ID	Sign
1	Nishu K. Hiray	Servankar ng. Gangapur rd	9766317314	
2	Haspreet Randhawa	Pipeline road, Gangapur road.	9011579799 haspreetsidhu7@gmail.com	
3	Poonam A. Thorat	Palm Spring. Gangapur Road.	9637400555 PThorat940@gmail.com	
4	Sanika Kshirsagar	Ashok stambha NSE	8830327119	
5	Thakare Ajay v	R.T. 0 office (L.V.H) Nashik	8698387277	
6	Sapke Rishikeshv	Amrutdham (L.V.H) Nashik (col.)	7507848998 Hvsapke21@gmail.com	
7	Nehal Doshi	Panchvati	7387352731 nehaldoshi2000@gmail	
8	Riddhi Deshpande	Counselor. SOUS. Sharad	9404506550	
9	Pushkara Ghatpate	Indira nagar	9175205279	
10	Sheha Achale	Counselor. Ebenzer.	9420593059	
11	Vaishal Khairnar	Dhatrak phodar, Adga	7720858904	
12	Dnyanada Joshi	R.K. Nashik	8007226086	
13	Vandana Joshi	Smart +2 pigan cerene meadows	9422222807	
14	Ketaki Indurkar	Nashik Road	9011576748	

	Name	Address	Email / phone	Sign	
15)	Kulkarni Neelima Sandeep	Pazayday 8, Alavsha Ganpatinlg.	neelimasandeepkulkarni@gmail.com	alv	✓
16)	Chewale Snehal Jagannath	Panchavati, Nashik	Snehalstemple1995@gmail.com 7769996122	Snehal	✓
17)	Sunil Ananta Ahe	Ramwadi, Nashik	9284540386.3885	Sunil	✓
18)	Mrs Priya Gaidhani	Near Gadge M. Bridge, 2094 Gaidhani wade	7588707568 snehaln2999@gmail.com	Priya	✓
19)	Snehal Rajesh Nikam	Sinnar Fata Nashik Road	7741958368	Nikam	50
20	De Shorad Horade	Panchavati Nashik	9423257819	De	✓
21.	Mayhas Chothare	Ranvel Shilpitresh - 404	9987023060	may	✓
22	Rushikesh Rathod	Mhasaul	8087563041	Rathod	✓
23.	Rohit. S. Bhadani	Panchavati	9689459619	Rohit	✓
24.	Priya P Jari	Nashik.	9767102409	Priya	✓
25)	Nirvutti. S. Selve	Talua	8975658996	Nirvutti	✓
26)	Shraddha Kshirsagar	Nashik	7387070124	Shraddha	✓
27)	Santosh Toche	Nashik Road.	8149513761	Toche	✓
28)	Anjali Rajguru	Gangapur Road, Nashik	9604818491	Anjali	✓
29	Rudra Partil	Gangapur Road	8605048323	Rudra	✓
30	Shrikant Bagel	Satpur. Shantla.	91820899010	Shrikant	✓
31	Raty Onigal	KTHH Nashik	9422947416	Raty	✓
32	Rohini Acharya	Desoza colony college road Nashik	7588704541	Rohini	✓
33	Seema M. Gokhale	Vise Mada Nashik	9158516090	Seema	✓
34	Swati Gokhe	Khadkhur Nashik	9990931656	Swati	✓
35	Nitin V. Dute	5762119	9561602333	Nitin	✓

36)	Riche	Heath view	7768970036	<u>Qale</u>	✓
37)	Subhash Pawar	Sunshine center	8856077136	<u>Pawar</u>	✓
38	Trishna Thapa	Counselor	9923342853	<u>Thapa</u>	✓
39	Sonal Sawant	Dwarka Nashik	9527493275	<u>Sonal</u>	✓
40	Jyotsna Koli	Nashik	9783527921	<u>Sharma</u>	✓
41	Soni Bhadrave	Nashik	9689065849	<u>Soni</u>	✓
42	Mandi Patil	Nashik	9828702332	<u>Pandey</u>	✓
43	Pooja Gadhvi	Nashik	779876401	<u>Pandey</u>	✓
44	Prof. Archang Gattal	Ashoka College of Education Nashik	9890898326	<u>Ar</u>	✓
45	Dr. Mansel Khandile	Nashik Road	9856645934	<u>Khandile</u>	✓
46	Dr. D P. Pawar	B.M.C. Nashik	9922155418	<u>Pawar</u>	✓
47	Basant Meshram	- Amravati	9960754353	<u>Meshram</u>	✓
48	Bhavanati Purni	- Civil Hosp. Amravati	9130973239	<u>Purni</u>	✓
49	Sandip P. Shinde	Basamati	9822686815	<u>Shinde</u>	✓
50	Kalidas Patil	Islampur	9422627571	<u>Patil</u>	✓
51	Disha A. Jalave	K.V.N. Nashik	9370887351	<u>Jalave</u>	✓
52	Pratiksha G. Wagh	K.V.N. Nashik	9689298836	<u>Wagh</u>	✓


Principal
 Mr. V. N. Naik
 Arts, Commerce & Science College,
 Canada Corner, Nashik.



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ARTS, COMMERCE AND SCIENCE COLLEGE, NASHIK
Dongare Vastigruha Parisar, Canada Corner Nashik-02



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In Collaboration with
State Psychological Association (SPA), Maharashtra
&
Department of Life Long Learning & Extension, SPPU. Pune.
10th March, 2019

CERTIFICATE

This is to certify that Prof./Dr./Mr./Ms _____ of _____ has attended the workshop on "Psychological Counseling : What's Wrong to What's Strong", held in Kr. V. N. Naik Shikshan Prasarak Sanstha's, Arts, Commerce & Science College, Nashik, on March 10, 2019.

SPA, Maharashtra

Dr. Jayshri N. Patil

Convener

Prof. Valmik Indase

Coordinator

Dr. Shantaram P. Badgujar

Principal