



Kr. V. N. Naik Education Sanstha's,
Arts, Commerce & Science College,
Dongare Vidyarthi Vasatigruha Parisar, Canada Corner, Nashik – 2.
NAAC Re-accredited “B” Grade



**One Day State Level Seminar on
“PSYCHOLOGICAL COUNSELING: MOVING FROM WHAT’S WRONG
TO WHAT’S STRONG”.**

SPONSORED BY
INDIAN COUNCIL OF SOCIAL SCIENCE RESEARCH (ICSSR)
WESTERN REGION CENTER, MUMBAI
23rd October, 2019

SEMINAR REPORT

one-day State Level Seminar on "**Psychological Counseling: Moving From What's Wrong to What's Strong**" was organized On 23/10/2019 by Vasant Rao Narayanrao Naik Shikshan Prasarak Sanstha's, of Arts, Commerce and Science College, Nashik, in collaboration with Indian Council of Social Science Research (ICSSR), Western Region Center, Mumbai.

For the inaugural function of this seminar, Dr. Narendra Deshmukh, Chairman, BOS, Psychology, Savitribai Phule Pune University, was the chief guest, Hon'ble Pandharinath Thore (President, KVNN Shikshan Prasarak Sanstha, Nashik) was the chairman of the inaugurating function. He explained the importance of counseling in educational field and the importance of counselors in the education. Prin. Dr. Shantaram Badgujar gave the introduction of the seminar. Dr. Jayshri Patil Anchored the inauguration function.

Dr. Narendra Deshmukh in his key note address guided the participants about the development of rapport to the client and explained the process of counseling with practical examples. He explained importance of psychological testing in counseling.

In the first session of the state level seminar Hon'ble Amar Rathod (**Clinical Psychologist, Muktaangan Rehabilitation Centre, Pune**) opened the issue with good examples of Screen addiction through which the student got aware of the disadvantages of screen addiction. after realization of the issue of screen addiction he explained the methods of screen de-addiction with the practical examples.

The second session had started with drawing of human face, and through the human faces drawn by the participants **Dr. Anaya Nisal (Astha Institute)** explained different emotions. How to recognize the client's emotions and explain the importance of emotions in counseling process. She explained importance of emotional intelligence in counseling process. How to literate emotionally to the client with practical.

The third session **Prof. Tanmay Joshi (HPT Arts & RYK Science College, Nashik)**, explained the importance of psychotherapy in counseling process. How to use appropriate psychotherapy in counseling? He explained the Rational Emotive Behavior Therapy, with the components and when it has been used in the counseling. Rational thinking and irrational thinking, healthy feelings and unhealthy feelings, criteria for rational thinking, emotive technique and behavioral techniques.

Forth session is the plenary session, the participants discussed about the issues and destigmatization of psychological counseling. The session was chaired by Hon'ble Amol Kulkarni (Manovedh Foundation, Nashik).

Total practicing counsellors and students were attended the state level conference.



Hon'ble Dr. Narendra Deshmukh (Chairman, BOS Psychology) Inaugurator and the chief guest addressing the participants, Hon'ble Amarsingh Rathod (Muktangan) Hon'ble President Pandharinath (Bhau) Thore , Prin. Dr. S. P. Badgujar, Vice Prin. Prof. D. R. Kute, Dr. J. N. Patil and others.



Hon'ble Pandharinath (Bhau) Thore (President, K.V.N.N. Shikshan Prasarak Sanstha, Nashik), addressing the participants, Dr. Narendra Deshmukh (Chairman, BOS, SPPU, Pune), Hon'ble Amarsingh Rathod (Muktangan), Prof. Tanmay Joshi (HPT Arts & RYK Science College, Nahik), Hon'ble Amol Kulkarni (Manovedh Foundation, Nashik), Prin. Dr. Shantaram Badgujar, Vice Prin. Prof. Dilip Kute, Dr. Jayshri Patil



Hon'ble President Pandharinath Thore felicitating the Guest Hon'ble Amarsing Rathod (Muktangan Rehabilitation Center, Pune) in the State level Seminar "Psychological Counseling – Moving from Whats Wrong to What's Strong".



Dr. Anaya Nisal Addressing the Participants on Emotional Intelligence in the on day state level seminar on "Psychological Counseling – Moving from Whats Wrong to What's Strong".



Dr. Anaya Nisal Addressing the Participants on Emotional Intelligence in the on day state level seminar on “Psychological Counseling – Moving from Whats Wrong to What’s Strong”.



Hon'ble Amol Kulkarni delivering a Lecture on Psychological Counselling Challenges in the plenary session.



Participants in the state level Seminar “Psychological Counseling: Moving From What’s Wrong to What’s Strong”



Inaugurating the seminar Hon’ble President Pandharinath Thore, Dr. Narendra Deshmukh, Hon’ble Amarsing Rathod, Prof. Tanmay Joshi, Hon’ble Amol Kulkarni, Prin. Dr. Shantaram Badgujar.



Prin. Dr. Shantaram Badgujar Introducing the Seminar



Dr. Jayshri Patil guiding the participant in the state level seminar.

J. Patil
HEAD
 Department of Psychology
 K. V. N. Naik Shikshan Prasarak Sanstha's
ARTS, COMMERCE & SCIENCE COLLEGE
 Nashik- 422 002.

A. Badgujar
Principal
 K. V. N. Naik Shikshan Prasarak Sanstha's
Arts, Commerce & Science College,
 Canada Corner, Nashik.

पश्चिम विभागीय केंद्र
भारतीय सामाजिक विज्ञान अनुसंधान परिषद
जे.पी.नाईक भवन, विद्यानगरी,
मुंबई-४०० ०९८
दूरध्वनी : २६५३ ०२०९ (कार्यालय)
२६५४ ९५६७ (वसतीगृह)



Western Regional Centre
Indian Council of Social Science Research
J. P. Naik Bhavan, Vidyanagari,
Mumbai - 400 098.
Tel. : 2653 0209 Fax : 2653 0210
ICSSR Hostel : 2654 1567 / 2654 3437
E-mail : icssrwrc@yahoo.co.in
wrcmumbai@gmail.com
icssrguesthouse@gmail.com
(for guest house booking)

Professor Dolly Sunny
Hon. Director

LCC-91/1111/19

14th March, 2019

By Speed Post

Principal S P Badgujar
Vasantao N Naik College
Canada corner
Nasik 422 002

Dear Dr Badgujar,

This is with reference to your letter dated 6th February, 2019.

I am happy to inform that the Local Consultative Committee of the Centre in its meeting held 8th March 2019 considered favourably your following proposals and sanctioned grant as follows:

- Seminar on Intellectual property rights – March 2019
Proposal accepted. **Grant of Rs 60,000/- sanctioned.**
- Seminar on "Increasing agricultural production and income of farmers through appropriate farming technology" - March 2019
Proposal not accepted.
- Seminar on "Psychological Counseling : Moving from what's wrong to what's strong" - March 2019 –
Proposal accepted. **Grant of Rs 50,000/- sanctioned.**

As per new rules of the ICSSR, the Centre will not be able to give financial assistance to unaided colleges to support seminars/ workshops/ conferences, etc which please note, so you are requested to send us a certificate indicating that your College is aided.

Also note the enclosed terms & conditions for the sanctioned grant & confirm your acceptance of the same.

With best regards,

Yours sincerely,

(Dolly Sunny)
Hon. Director

Encl: Terms & conditions
Item 19

Dr Zolekar / Dr Smt Patil

It is from and mail to ICSSR Mumbai,

➤ **Registration Fees:**

- Practicing Counselors ,Students & Teaching Professional Rs. 1000/-

➤ **For Any Query Please Contact :**

- Dr. Jayshri Nilkanth Patil,
Head, Dept. of Psychology,
(M- 9890917980). Jayshri.patil@yahoo.com

➤ **Venue of the Workshop :**

Kr. V. N. Naik Shikshan Prasarak Sanstha's,
Arts, Commerce & Science College,
Canada Corner, Nashik - 422002.

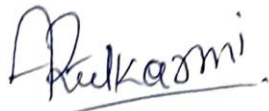
Conference Hall (Room No. 20)

➤ **Date of the Workshop:** 23rd October, 2019. (Wednesday)

➤ **Timing :** 9.30 to 5.00

➤ **Note:**

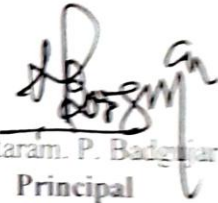
All the Participants are requested to bring their counseling center's brochure, counseling forms and copies of documentation like poster, stickers etc. at the time of registration.



Dr. Amol Kulkarni



Dr. Jayshri. N. Patil
Convener



Dr. Shantaram. P. Badgujar
Principal
Principal

Kr. V. N. Naik Shikshan Prasarak Sanstha's
Arts, Commerce & Science College
Canada Corner, Nashik.



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23rd October, 2019.

PROGRAM SCHEDULE

9.00 to 9.30	Registration		
9.30 to 10.30	Inauguration Function		
10.30 to 12.00	1 st Session	Resource Person	Hon’ble Amar Rathod
		Subject	Screen De-Addiction
12.00 to 1.30	2 nd Session	Resource Person	Dr. Anaya Nisal
		Subject	Importance of Emotional Intelligence in Counseling Process
	LUNCH		
	3 rd Session	Resource Person	Prof. Tanmay Joshi
		Subject	REBT And Counseling
	4 th Session : Plenary Session : Chairman – Amol Kulkarni		
	Valedictory Function		



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23rd October, 2019.

Sr. No.	Name of The Resource Person	Address	Mobile No. & Email ID	Sign
1	Dr. Anaya Nisal	Astha Foundation Pune.	9422313275 anayanisal@yahoo.com.	
2	Shri Amaz Rathod	Muktangan Rehabilitation Center. Pune.	8411860084	
3	Tanmay L. Jashi	H.P.T. Arts & R.V.K. Science college, Nashik.	9890614667 tjashi13@gmail.com	
4	Amol Kulkarni	Manovedh Development Foundation	7588138713 amol-hv@gmail.com.	

Dr. Jayshri. N. Patil
Coordinator

Dr. Shantaram P. Badgujar



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23rd October, 2019.
C PRACTICING COUNSELLOR)

Sr. No.	Name of The Resource Person	Address	Mobile No. & Email ID	Sign
1. ✓	Varsha Kinkhikar	14, Vrindavan Socy, Indira Nagar, Nashik	9422945691 varsha.kinkhikar@gmail.com	[Signature]
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8. ✓	Manoli Patil	Gulmohar, Nashik	9823702332	[Signature]
9. ✓	Shradha Kulkarni	Gangapur Road, Nashik	9420905978	[Signature]
10. ✓	Vaishali D. Naitwadi	Dhatrakpetha, Nashik	7720858904	[Signature]
11. ✓	Shradha Ranavkar	Indiranagar, Nashik	9922062857	[Signature]
12. ✓	Satish Chitambar	Asoka Marg, Nashik	8766461308	[Signature]
13. ✓	Paati Kankaria	Gorind Nagar, Nashik	7798176401	[Signature]

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26	Prof. C. V. Jondhate	K. K. W. Arts comm. & Sci. college, Pimpri	9890904229	C. Jondhate



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4	Brijmohan Munde	Tanishk Park Jail Road.	7588138700 brijmohan.munde@gmail.com	[Signature]
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11)	Shradha Ranavkar	Indiranagar	9922062857	[Signature]
12)	Satish Chitambar	Ashoka Marg	8766461308	[Signature]
13)	Poiti Kankaria	Govind Nagar	7798176401	[Signature]

14	Harshada R. Kulkarni	Tail Road, Nashik road	7620401452	H.R. Kulkarni
15	Shraddha Ahire	Ashok Stambh car road band near oppo Pohini wing 4 - Tail Road	9767724510	H.R.
16	Shraddha Kulkarni	Gangapur Road Nashik	9422245135	H.R.
17	Bhumiya. Boriche	Dwarka Nashik	7588305245	Bhumiya
18	Ambekar Divya	Peth road Nashik	7517466088	Divya
19	Aditi Naik	Ashok Nagar Satpur	9330007011	Aditi
20	Khushi Tambat	govind Nagar.	9130307487	Khushi
21	Rutuja Thakate	Meri	9284860289	Rutuja
22	Pritesh K. Ashangle	meri	8888914977	Pritesh
23	Pravin murkute	Pathardi Phata	7887603933	Pravin
24	Rahul P. Ugale	insira Nagar	7972480977	Rahul
25	Diksha A Patil	Nashik road	7083139753	Diksha
26	Nikit D. Patil	trimurti chaw	7448033157	N.D. Patil
27	Sanjany .V. Patil	K.V.N. Naik.	8087322751	S.V. Patil
28	chunchal. B. Dambare	K.V.N. Naik	9890241356	C.B. Dambare
29	Priyanka. G. Patil	K.V.N. Naik	7058790414	P.P.
30	mangesh. S. Gite	K.V.N. Naik	9823836106	M.S. Gite
31	Shubham. A. Ahire	K.V.N. Naik	7559220017	Shubham
32	yogesh M. Zinjunker	K.V.N. Naik	7120821762	Y.M. Zinjunker
33	Sagar .J. Wankhede	K.V.N. Naik	8208999586	S.J. Wankhede
34	Harshal A. Wankhede	K.V.N. Naik	9689189139	H.A. Wankhede

[illegible]